



**COVID-19**  
POLICY

# COVID-19 POLICY

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In response to the outbreak of Coronavirus (COVID-19) we ask all visitors to self-screen before entering these premises or any site/place of work (where others may be affected), in order to help lessen the spread of the virus.

Please read our policy carefully regarding safe working during the COVID-19 pandemic, including procedures and processes.

## **DO NOT ENTER BETON BAUEN PREMISES AND/OR A REMOTE SITE OF WORK IF:**

- 1. You have any symptom/s associated with the Coronavirus or any known variant.**
- 2. You have had close contact with a confirmed positive case of COVID-19.**

Beton Bauen follows Welsh Government advice, law and guidelines at all times. Due to the variable nature of COVID-19 virus, this advice is subject to change without notice. For the latest government advice please refer to the website: <https://gov.wales/coronavirus>

## **A: IF YOU HAVE COVID-19 SYMPTOMS**

- ▶ Any employee (contracted, sub-contractor or agency worker) with coronavirus symptoms should self-isolate and get a test. Coronavirus symptoms include (but are not limited to):
  - a new continuous cough
  - a high temperature
  - loss of or change to sense of smell or taste
- ▶ If you are already at work (Beton Bauen or a remote site) then immediately report your symptoms to a Site Supervisor or Line Manager, at a safe distance and arrange for PCR test.
- ▶ Do not visit your GP surgery or hospital to request a test, as you may infect others. If you think you may have coronavirus follow the self-isolation guidance at: <https://gov.wales/self-isolation>

## **B: GETTING TESTED WITH SYMPTOMS**

If you have coronavirus symptoms you need to take a test within the first 5 days of having symptoms as the test checks if you have coronavirus right now and not if you've already had the virus.

You can apply for a test for yourself or someone in your household with symptoms. This includes adults and children, including those under 5.

### **Book a test online**

Book a test online at: <https://www.gov.uk/get-coronavirus-test>

You will be asked to input your post code. The system will offer you appointments at the nearest testing sites with available slots. If there are no tests available, try again later, as tests become available during the day.

### **Book a test by telephone**

Call **119** between 7am and 11pm (calls are free)

If you have hearing or speech difficulties: call 18001119. This service is available to help you book a test, but it cannot provide clinical advice.

When you book the test you will be given more information about how you'll get your result. You should receive your test result within 72 hours.

**NOTE: While waiting for your test and results you should remain at home and self-isolated.**

Anyone else in your household should self-isolate for 14 days from when you started having symptoms of COVID-19 and if they develop symptoms during that time, they should self isolate for 10 days after their first symptom.

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## C: TESTING PEOPLE WITH NO SYMPTOMS (ASYMPTOMATIC)

About 1 in 3 people with coronavirus do not have symptoms but can still infect others. Getting tested regularly is one way to know if you have the virus. If people test positive and self-isolate, it helps break the chain of transmission and limits the spread of the virus.

Rapid lateral flow tests (LFTs) are only for people who do not have coronavirus symptoms. If you have COVID-19 symptoms you need to book a PCR test (on gov.uk).

You should still get tested if you have been vaccinated. Even if you're fully vaccinated, there's still a chance you can contract COVID-19 and pass it on.

### When to do a lateral flow test?

You are encouraged to take tests twice a week if you are:

- not fully vaccinated
- classed as vulnerable
- in close contact with a vulnerable person, or
- spending time in a higher risk environment

### Receiving a lateral flow test at Beton Bauen

Lateral flow tests are available, free of charge at Beton Bauen. You can request a lateral flow test with your Line Manager or with the Office Administrator.

- ▶ You must carry out the lateral flow test yourself. Involving other staff in your testing process could result in an invalid test and increase the chance of further infection.
- ▶ If a lateral flow test produces a positive result then individuals should arrange for a PCR test immediately and follow government guidelines regarding self-isolation (see Section B).

Beton Bauen reserves the right to implement scheduled and/or random lateral flow testing for all employees, sub-contract workers and agency workers at any time, and without notice.

Signed: 

Position: Managing Director

Date: 08/01/2025



# STOP COVID19

In response to the outbreak of Coronavirus (COVID-19) we ask all staff and visitors to self-screen before entering our premises or any site/place of work (where others may be affected), in order to help lessen the spread of the virus



## Do not enter if:

1. You have signs of a fever or a high temperature (above 39°C)
2. You have a persistent cough or respiratory problems
3. You have any symptom/s associated with the Coronavirus or any known variant.
4. You have had contact with any possible source of the virus



If you have met any of the above criteria please return home and self isolate. Contact NHS 111 for advice, or NHS 119 to arrange a PCR test



If you are safe to enter please do so and follow the guidance below:

1. Wash your hands regularly and thoroughly with soap and water or alcohol based sanitiser
2. Avoid touching your face with your hands
3. If you need to cough or sneeze, use a tissue and bin after use
4. Adhere to government guidance regarding social distancing